

Los



Lagares

DISFRUTA DE LA AUTÉNTICA
COCINA CANARIA

Menú

Starters

TUNA CARPACCIO WITH CITRUS VINAIGRETTE	  	16.50
TUNA TARTARE WITH GUACAMOLE	   	16.50
STEAK TARTARE	 	19.50
SAHARIAN SQUID WITH COLORED ONION	 	18.50
CRISPY PRAWNS WITH GUACAMOLE MAYONNAISE	  	13.50
CANARIAN CHEESE PLATE	   	13.50
IBERIAN HAM TABLE		24.00
HERREÑO CHEESE WITH SWEET TOMATO AND CILANTRO		12.50
IBERIAN HAM CROQUETTES	        	10.50
WRECKFISH CROQUETTES	     	13.50
CRISPY AUBERGINES WITH GUARAPO HONEY	 	10.50
STARRED EGGS WITH IBERIAN HAM OR CHISTORRA		12.50
SCREAMED EGGS WITH SHRIMPS	 	13.50
ASPARAGUS IN TEMPURA WITH SWEET TOMATO AND SOY	 	12.50
ROBY TRIPES		13.50
SCARY SNAILS		14.50
SHRIMP SCAMPI		12.50
FOIE SHAVINGS WITH WINE REDUCTION		17.50
SMOKED PETO FROM LA GOMERA WITH TOMATO VINAIGRETTE	 	16.50

Meat

GRILLED URUGUAYAN SIRLOIN		23.50
ROUNDS OF BEEF SIRLOIN WITH GARLIC AND PARSLEY		20.50
ROUNDS OF PORK SIRLOIN WITH GARLIX AND PARSLEY		15.50
ESCALOPE LOS LAGARES	 	16.50
GRILLED URUGUAYAN BEEF		20.50
PORK KNUCKLE IN THE OVEN		18.50
BONELESS SUCKLING PIG		28.50
LAMB SHOULDER		28.00
GRILLED IBERIAN LAGARTILLO		19.50
SEGOVIAN SUCKLING PIG	*Minimum 3 people. Friday/Saturday/Sunday.	28.50
CANARIAN BEEF STEAK	*For two people, price according to weight.	48.00/ kg

Fish

COD A LA MARINERA	  	21.50
ROASTED GARLIC COD	  	21.50
RIOJANA COD	 	21.50
COD IN PIL PIL		21.50
SAHARIAN SQUIDS	  	18.50
HAKE DELIGHTS		15.50
HAKE FILLET	 	17.00

Salads

LOS LAGARES SALAD	   	13.50
Lettuce mix, cherry tomato, caramelized onion, passion fruit jelly beans, chicken, sunflower seeds and honey mustard dressing.		
GOAT CHEESE SALAD	  	12.50
Mixed lettuce, goat cheese, tomato, caramelized onion, vinaigrette and nuts.		
DRIED TOMATO SALAD	 	12.50
Mixed lettuce, dried tomatoes, parmesan cheese shavings, red onion, cherry tomatoes and mango vinaigrette.		
TOMATOES LOS LAGARES	 	12.50
Sliced tomato, tuna belly, caramelized pepper and mustard vinaigrette.		
TOMATOES DRESSED WITH BALSAMIC VINEGAR		10.50

Spoon

CHICKPEA	12.50
JEWS	14.90

Canarian

WRINKLED POTATOES WITH RED MOJO		5.00
SCALDED GOFIO WITH COLORED ONION	     	7.00
ROPA VIEJA		12.00
SPICED CARAJACAS WITH WRINKLED POTATOES		13.50
RABBIT IN ADOBO WITH WRINKLED POTATOES		13.50
PORK MEAT WITH WRINKLED POTATOES		12.50
GOAT MEAT WITH WRINKLED POTATOES		13.50

Rice & pasta

SEÑORET RICE*	     	17.50
BLACK RICE*	      	16.50
DRY RICE WITH CARABINERO*	      	22.50
SOUP RICE WITH CARABINERO	    	22.50

*Price per person.

Postres

URUGUAYAN POWDERS	   	6.50
CHOCOLATE MOUSSE	   	5.00
CHOCO AND MANGO MOUSSE	   	5.50
PEÑA LA VIEJA DELIGHTS	    	5.50
MOLE EGGS	 	5.50
COULANT WITH ICE CREAM	   	5.50
LEMON PIE GLASS	    	6.00
APPLE PIE	   	6.00
CHEESECAKE	 	6.50
LEMON SORBET	*Without alcohol    	5.00
LEMON SORBET WITH CAVA	    	6.00
HOMEMADE FLAN	 	5.00
NOUGAT ICE CREAM	   	5.00
VANILLA ICE CREAM	  	5.00
QUEEN'S CREAM	 	5.00

Allergens

Notify your waiter
of any type of allergy or intolerance.



GLUTEN



SESAME



MUSTERD



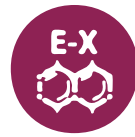
SOY



LACTOSE



EGG



SULPHITES



FISH



SEAFOOD



NUTS



LUPINS



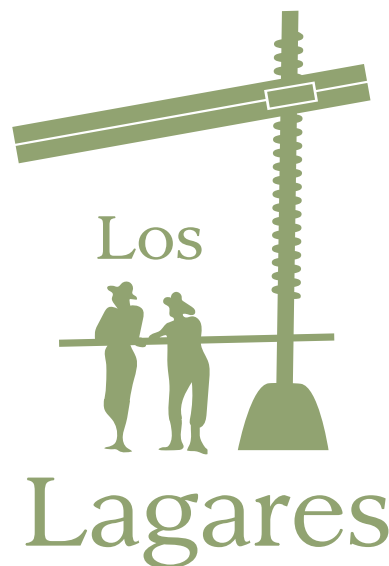
CELERY



MOLLUCS



PEANUTS



Los
Lagares

 **BOOKINGS**
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