

Los















































Lagares




ENJOY AUTHENTIC
CANARIAN CUISINE

Menu

STARTERS

TUNA CARPACCIO WITH CITRIC VINAGRETE	  	15.50
TUNATARTAREWITH GUACAMOLE	   	15.50
STEAK TARTAR	 	20.50
FRIED SQUID WITH FRIED RED ONION	 	17.00
CRISPY PRAWNS WITH MAYONNAISE OF GUACAMOLE	  	14.00
CANARIAN CHEESE PLATTER	   	13,50
HAMPLATTER		20.50
FRIED CHEESE FROM EL HIERRO WITH SWEET TOMATO		10.50
IBERIAN HAM CROQUETTES	       	10.50
CHERNE CROQUETTES	    	13.50
FRIED EGGPLANTS WITH GUARAPO HONEY	 	9.50
"BROKEN" FRIED EGGS WITH SAUSAGE		12.90
"BROKEN" FRIED EGGS WITH SHRIMPS	 	13.50
GREEN ASPARAGUS IN TEMPURA WITH SWEET TOMATO	 	12.50
SPICY TRIPES		13.50
SPAICY SNAILS		13.50
GARLIE SCAMPI		12.50
FOIE GRAS SLIVERS		18.00
SMOKED PETO FROM LA GOMERA WITH TOMATE & VINAGRETTE	 	15.50



MEET

GRILLED BEEF TENDER LOIN	21.50
BEEF TENDER LOIN SLICES WITH GARLIC & PARSLEY	19.50
PORK TENDER LOIN SLICES WITH GARLIC & PARSLEY	14.50
LOS LAGARES ESCALLOPE  	16.50
URUGUAYAN BEEFSTEAK	18.50
ROASTED PORK KNUCKLE 	17.50
SLICED "SECRETO" IBERIAN PORK	21.50
LAMBSHOULDER *On request.	25.00
GRILLED IBERIAN PORK SHOULDER	19.50
SEGOVIAN PIG *1/2 for 3 people. Fridays/saturdays/sundays.	75.00
BEEFSTEAK FROM LA PALMA *For 2 persons. Price according weight.	45.00/ kg

FISH

"MARINERA" COD LOIN   	19.50
GARLIC COD LOIN   	19.50
"RIOJANA" COD LOIN  	19.50
"PIL PIL" COD LOIN 	19.50
FRIED SQUID   	16.90
DICED HAKE 	14.50
HAKE  	16.50



SALADS

LOS LAGARES SALAD    	13.50
Lettuce mix, cherry tomato, caramelized onion, passion fruit jelly beans, chicken, sunflowers seeds & honey mustard dressing	
GOAT CHEESE SALAD   	12.50
Lettuce mix, goat cheese, tomato, caramelized onion, vinaigrette & nuts	
DRIED TOMATOES SALAD  	12.50
Mezclum de lechugas, tomates secos, virutas queso parmesano, cebolla colorada, tomates cherry y vinagreta de mango	
LOS LAGARES TOMATOES  	12.50
Sliced tomato, tuna belly, caramelized onion, caramelized pepper & mustard vinaigrette	
TOMATOES DRESSED WITH BALSAMIC VINEGAR 	9.50






STEWES

CHIKPEA DISH	11.50
SPANISH BUTTER BEANS	14.90

CANARIAN CUISINE




















































"WRINKLED" POTATOES WITH MOJO		5.50
ROASTED MAIZE PUREE & RED ONION		7.00
TRADITIONAL CANARIAN STEW		11.50
FRIED LIVER "CARAJACAS"		13.50
PANFRIED MARINATED RABBIT		13.50
FRIED PORK		12.50
CHEVON CANARIAN STYLE		13.50

PASTA & RICE

TAGLIATELLE WITH VEGETABLES & PRAWN		13.50
SEÑORET RICE*		17.50
BLACK RICE*		15.50
RICE WITH SCARLET SHRIMP*		22.50
RICE SOUP WITH SCARLET SHRIMP		22.50

*2 Person minimum. PP per person.

DESSERTS

POLVITO URUGUAYO	   	6.00
CHOCOLATE MOUSSE	   	5.00
CHOCOLATE MOUSSE WITH MANGO PULP	   	5.50
"PEÑA LA VIEJA" ICE CREAM CANDIES	    	5.00
EGGS YOLKS	 	5.50
FONDANT WITH VANILLA ICE CREAM	   	5.50
LEMON PIE	    	6.00
APPLECAKE	   	6.50
CHEESECAKE	 	6.00
LEMON ICE CREAM	Without alcohol     	5.00
LEMON ICE CREAM	With alcohol     	6.00
NOUGAT ICE CREAM	   	6.00
VANILLA ICE CREAM	  	6.00

Allergens

Communicate to the waiter
any type of allergy or intolerance



GLUTEN



SESAME



MOUSTARD



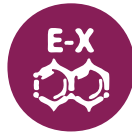
SOJA



LACTOSE



EGG



SULPHITES



FISH



SEAFOOD



NUTS



LUPINS



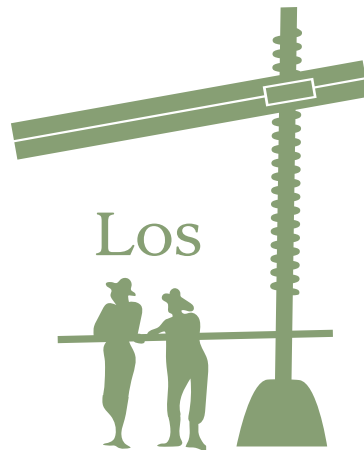
CELEY



MOLLUSCS



PEANUTS



Los Lagares

 RESERVATIONS
928 28 35 82

Camino a Los Lagares, 13
35017 - Las Palmas de G. C.